

## LEADER DISCUSSION GUIDE /QUESTIONS



1. Communication is an important topic of the book. Communicating aloud – to actually say the words, “I Choose You Today.” What are your thoughts about the impact of the spoken word. Who has used it? Was it helpful? What were the results?
2. How do the issues in this book affect your life? Directly, on a daily basis, or more generally? Now or sometime in the past? **You can make this on a chapter or section basis. i.e.: “This week we looked at four areas of choice. How much or how little did these specific topics resonate with you?”**
3. The author presents both scripture and tips for making specific choices that will enrich marriage. Which stood out to you this week? What experiences in the book were similar to your own?
4. What stories related in the book stood out to you this week? Which were familiar? Which surprised or shocked you? Why?
5. What role do you think media (movies, TV, etc.) has played in how we see the marriage relationship? What examples come to mind? What’s the impact of those stereotypes?
6. How much do you believe the marriage relationship is impacted by a couple’s faith? What role does your faith play in your marriage? How is it played out on a daily basis?
7. Do you think the relationships between marrieds in the church are better or worse than among those with no faith affiliation at all? Why?
8. What suggestions does the author propose that appealed to you, that you thought you could implement? What barriers or challenges might you encounter? What will it require of you to be successful?
9. There are a lot of self-help books on marriage. In what ways is this book distinct from other books you’ve read or heard of on the topic?
10. What aspects of the topics this week did you disagree with or find difficult to accept?
11. Did the author use sufficient scripture to support her premise about the expectations God may have of us in this relationship with our spouses? Why or why not?
12. Has reading this book made you think or view your marriage in light of your faith in a different way? How so?
13. Do you think the author has painted a realistic picture of the presence of God in everyday life and the differences possible in marriage as a result?

I Choose You Today: 31 Choices to Make Love Last

14. Consider the user-friendliness of the book? What was most helpful? How can you use it with your spouse?
15. What will you do differently this week, based on your reading and our discussion here today?